Table 2: Quality Assessment of Papers

Study	Representativeness	Design	Confounders	Data Collection Method	Drop-outs	Global rating
Saksvig et al.	Strong	Moderate	Weak	Moderate	Weak	Weak
(2005)						
Faro et al. (2005)	Weak	Moderate	Weak	Weak	Strong	Moderate
Bradshaw et al.	Weak	Strong	Weak	Strong	Strong	Weak
(2007)						
Laatikainen et al.	Moderate	Strong	Strong	Strong	Weak	Moderate
(2007)						
Davies et al.	Moderate	Strong	Moderate	Strong	Strong	Strong
(2008)						

Dutton et al.	Weak	Strong	Weak	Strong	Strong	Weak
(2008)						
Thoolen et al.	Weak	Strong	Moderate	Moderate	Moderate	Moderate
(2008)						
Sacco et al.	Strong	Strong	Strong	Strong	Moderate	Strong
(2009)						
Contento et al.	Moderate	Strong	Strong	Moderate	Moderate	Strong
(2010)						
Yates et al.	Weak	Strong	Strong	Strong	Strong	Moderate
(2009)						
Wu et al. (2011)	Strong	Strong	Strong	Weak	Strong	Moderate
Hartmann et al.	Moderate	Strong	Strong	Strong	Moderate	Strong
(2012)						

Glasgow et al.	Weak	Strong	Strong	Moderate	Moderate	Moderate
(2012)						
Mohammed et	Weak	Strong	Strong	Strong	Moderate	Moderate
al. (2013)						
Miller et al.	Weak	Strong	Strong	Strong	Moderate	Moderate
(2014)						
Jennings et al.	Strong	Strong	Strong	Weak	Weak	Weak
(2014)						
Heiderman et al.	Strong	Strong	Strong	Strong	Moderate	Strong
(2015)						
Biddle et al.	Strong	Strong	Strong	Strong	Moderate	Strong
(2015)						
Ramadas et al.	Weak	Strong	Strong	Moderate	Strong	Moderate
(2015)						

Yates et al.	Weak	Strong	Strong	Strong	Strong	Moderate
(2015)						
Macedo et al. (2017)	Strong	Strong	Strong	Strong	Strong	Strong
McCurley et al. (2017)	Weak	Moderate	Strong	Moderate	Weak	Weak
Taggart et al.	Weak	Strong	Strong	Strong	Strong	Moderate
(2017)						