**Histograms showing frequency of rating by (n = 95) midwives of most commonly observed positions adopted by childbearing women during first stage of labour**

**(1 most commonly seen – 20 least commonly seen)**

|  |  |  |
| --- | --- | --- |
| (1) Semi-recumbent | Description: semisitting.png |  |
| (2) Sitting upright | Description: Sitting Upright.png |  |
| (3) Standing and leaning forward | Description: Leaning.png |  |
| (4) Sitting and leaning forward | Description: sitting, leaning forward with support.png |  |
| (5)Semiprone | Description: semiprone.png |  |
| (6)Standing | Description: Standing.png |  |
| (7)Walking | Description: Walking.png |  |
| (8)Sitting and rocking | Description: swaying on ball.png |  |
| (9)Slow dancing | Description: Dancing.png |  |
| (10)Hands-and-knees | Description: hands-and-knees.png |  |
| (11)Kneeling and leaning forward | Description: kneeling, leaning on ball.png |  |
| (12)Open knee-chest position | Description: on-knee chest position.png |  |
| (13)Sitting on toilet | Description: Sitting on toilet.png |  |
| (14)Squatting | Description: Squat.png |  |
| (15)Standing lunge | Description: Standing lunge.png |  |
| (16)Kneeling lunge | Description: Kneeling Lunge.png |  |
| (17)Dangle with assistance | Description: dangle partner.png |  |
| (18)Dangle | Description: dangle.png |  |
| (19)On back legs drawn up | Description: legs drawn up.png |  |
| (20)Lap squatting | Description: lap squatting.png |  |