***Supplementary Information: Summary of Excluded Studies:***

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| **Authors/Year/Location**  | **Year** | **Title** | **Reasons for exclusion** |
| Attanasio et al. | 2009 | [Clinical outcomes and complications of enteral nutrition among older adults](http://www.minervamedica.it/en/journals/minerva-medica/article.php?cod=R10Y2009N02A0159) | No specific detail relates restraint use to stroke patients |
| Lui et al. | 2013 | Feasibility of a novel two-piece nasogastric feeding tube for patients with dysphagia | Did not explore maintaining NGT feeding with a standard NGT |
| Mahoney et al. | 2015 | Nasogastric feeding for stroke patients: practice and education. | Reported on staff survey; did not include dysphagic stroke patients directly. |
| Mitchell and Kiely | 2001 | A cross-national comparison of institutionalised tube-fed older persons: the influence of contrasting healthcare systems | Did not specify the type of tube feeding (NGT or PEG) |
| Rowat | 2015 | Enteral tube feeding for dysphagic stroke patients | Non-systematic expert review |
| Williams, Morton and Patrick  | 1990 | The Emory cubicle bed: an alternative to restraints for agitated traumatically brain injured clients. | Did not explore the use of restraint with NGT fed stroke patients |
| Zaherah Mohamed Shah et al  | 2012 | Long-term nasogastric tube feeding in elderly stroke patients-an assessment of nutritional adequacy and attitudes to gastrostomy feeding in Asians | Addresses NGT dislodgement but not interventions for overcoming it |

**References Excluded Studies**

1. Attanasio A., Bedin M., Stocco S., Negrin V., Biancon A., Cecchetto G., Tagliapietra M (2009) [Clinical outcomes and complications of enteral nutrition among older adults](http://www.minervamedica.it/en/journals/minerva-medica/article.php?cod=R10Y2009N02A0159) [Minerva Medica](http://www.minervamedica.it/en/journals/minerva-medica/article.php?cod=R10Y2009N02A0159) 100(2):159-66
2. Liu, S.Y.,Yang, C.P., Wei, T.S., Chen, Y.C., Liang, C.H., Wu, C.H., Chen, C.L. & Wu, T.J. (2013) Feasibility of a novel two piece nasogastric feeding tube for patients with dysphagia. Singapore Medical Journal 54 (4) pp.227-230
3. Mahoney, C., Rowat, A., Macmillan, M. and Dennis, M. (2015)
4. Mitchell, S.L. and Kiely, D.K. A cross-national comparison of institutionalised tube-fed older persons: the influence of contrasting healthcare systems. *Journal of the American Medical Directors Association.* **2** (1), pp. 10-14.
5. Rowat, A.M. (2015). Enteral Tube Feeding for Dysphagic Stroke Patients. *British Journal of Nursing.* 24(3): pp138, 140, 142-5.
6. Williams L.M., Morton, G.A. & Patrick, C.H. (1990) The Emory cubicle bed: an alternative to restraints for agitated traumatically brain injured clients. *Rehabilitation Nursing*. **15**(1), pp.30-33.
7. Zaherah Mohamed Shah, F., Suraiya, H.S., Poi, P.J-H., Tan, K.S., Lai, P.S.M., Ramakrishnan, K. & Mahadeva.S. (2012). Long-term nasogastric tube feeding in elderly stroke patients-an assessment of nutritional adequacy and attitudes to gastrostomy feeding in Asians. *Journal of Nutrition, Health and Ageing.* **16** (8) pp.701-706