



### Organising Partners and Sponsors



### Programme for the Day

- 10.00** A warm welcome from Alison Machin, Dean of School of Health and Social Care, Edinburgh Napier University
- 10.10** Seeing, supporting and strengthening the care home workforce *with Jane Douglas, Chief Nurse, Care Inspectorate*
- 10.30** Digging Deep: Reflections on the pandemic, people and practice
- 11.00** Celebrating the whole skill set – inter-professionalism and multi-disciplinary care home teams *with Adam Gordon, Professor of the Care of Older People, University of Nottingham*





- 11.15** Time for Coffee
- 11.30** Morning Breakout Sessions (*Please choose one from the list below*)
- 12.20** Care Homes: a place of learning, expertise and career opportunities
- 12.50** A Spot of Lunch - Time to Make Popcorn?
- 13.20** Short Film Premiere - Care Homes: Places of Expertise and Learning
- 13.30** Afternoon Breakout Sessions (*Please choose one from the list below*)
- 14.20** Mike Nicholson celebrates care home skills during COVID and beyond
- 14.40** Closing Remarks
- 15.00** Event Close

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## Breakout Sessions

### Posture, frailty & comfort

Join this session to hear from practitioners about postural management, including promoting comfort through positioning, movement and other means such as specialist equipment.

### Delirium – day to day

In this session Dr Susan Shenkin will host Professor Alasdair MacLulich to discuss delirium and how it can be managed. The session will also look at the 4AT tool and how it is used in day to day practice with Derek T Baron and Alison Payne of Erskine.

### Last 100 days – communication and relationships

Hear about Advance Care Plans and the ReSPECT process from Juliet Spiller, Consultant in Palliative Medicine at Marie Curie Hospice and discuss speaking with families about death and dying with Violet Graham, Care Home Manager, NI.

### Developing inclusive care for all: A case study in meeting the needs of the LGBT+ community

Join Trish Hafford-Letchfield with Maruska Greenwood of LGBT Health and Claire Drummond of the Care Inspectorate at this workshop to hear about the needs of the LGBT+ community when moving into a care home and how to ensure inclusive care.

### Pain Assessment & Management

Learn more about and discuss with topic expert and frontline practitioners the importance of pain assessment and its management in frail older people.

### Relationships: Making EVERY connection count

In this session we will celebrate the skills of care home staff in seeing the person behind the dementia, use the Senses Framework to consider how we can support relationships that are rewarding for both residents and staff, and strengthen our skills by sharing stories of how we can make EVERY connection count.



**What does resilience mean and how can it be developed?**

Hear about research into the impact of the pandemic on the health and wellbeing of frontline care staff and discuss what a resilient care home workforce means to you.

**Circles of Care: the importance of human connections**

Join care home managers as they discuss with Angela Kydd and you the way in which care homes and residents can benefit from the skills and support of family, friends and the local community.

