

BSc Nursing Studies

Indicative module delivery schedule

Trimester 1 September – December	Trimester 2 January – April	Trimester 3 May – August
Promoting Excellence in Older Peoples' Health (20 credits)	Advancing Practice through Research (20 credits)	Effective Leadership in Healthcare (40 credits)
Management of Chronic Disease (20 credits)	Healthy Lives (20 credits)	

You can complete the course within 12 months, subject to you studying a total of 40 credits per trimester. If you select to study one module per trimester, and commence your studies in January or May, please note that you will have a break in study of one trimester (May – August) and during that time you will undertake programme level activities.

The above is the indicative schedule for module delivery and some changes may occur between now and the time that you commence your studies.

Module overview

Promoting Excellence in Older People's Health

This module will help you explore the theories of ageing from a physical, psychological, social and cultural aspect. Older people and health care will be contextualised from a local and world-wide perspective and include exploration of the value of nursing theories when assessing, planning, implementing and evaluating nursing care.

You will be encouraged to use health care related policies, legislation and strategies, both local and international, to examine the importance of individualised approaches to meeting the often complex healthcare needs of older people within communities and globally - as well as examine the impact of the ageing population on health related services.

The module will utilise a strengths based approach to working with older people to maximise independence and promote self-care. You will have the opportunity to explore contemporary practice by using case examples and vignettes to embed and apply theories and concepts relating to older peoples care.

Management of Chronic Disease

This module will encourage you to explore medical and social models of care, health outcomes, information and support, psychological consequences of chronic disease, social issues, cultural and spiritual issues.

Self-management strategies including the “Expert Patient” Programme, enabling role, partnership working will form part of your studies and offer you opportunities to explore these in the context of your own practice.

Ethical issues, patient choice, advocacy and values based practice will underpin the units of study in this module and how it links to your practice.

Advancing Practice through Research

This module will provide you with the opportunity to learn about the different types of evidence that may be used to inform clinical practice. Specifically, you will explore different approaches to undertaking the research process, research methods and will have the opportunity to develop your skills to critique research and its relevance to practice.

You will learn how to interpret statistical analyses and qualitative data analysis. You will reflect on the ethical and professional implications of research and you will also consider factors which promote or hinder the implementation of evidence to practice. This will enable you to focus on dissemination and communication of evidence in practice.

Healthy Lives

The themes of this module will be explored through a ‘virtual family’ which is based on the experiences of real people.

Factors influencing health: genetic inheritance; ageing process; sex; spirituality; psychological factors, eg personality; loss & bereavement; mental health and wellbeing will be explored.

Coping strategies including psychological & behavioural aspects will be examined in line with health beliefs and values to increase knowledge and application of health promotion theory in your practice.

Public health and the main issues and priorities related to health in your local area will be discussed as well as global issues for example obesity, type 2 diabetes, inactivity, sexual health, mental health, drug & alcohol will form the basis on which the module explores nursing assessment, intervention and health promotion.

Effective Leadership in Healthcare

On this module you will explore the principles of the following topic areas that will be discussed in the context of your field of nursing: Clinical Leadership; Clinical Governance; Patient Safety, Change Management and Risk Management. You will also explore partnership and team working and the associated essential communications skills that support effective partnerships. Opportunities to consider the role of the nurse in relation to teaching & learning, inter-professional education, clinical support & supervision will be explored. Management style and leadership qualities that are effective in health and social care settings will be discussed and theoretical aspects applied and explored in the context of your own practice area.

After completion of this module you will have the knowledge and skills to be able to understand the research process, appraise evidence and evaluate its appropriateness for implementation in your practice.