

## **Calibration Model for Detection of Potential Demodulating Behaviour in Biological Media Exposed to RF Energy**

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**Abstract**— Potential demodulating ability in biological tissue exposed to Radio Frequency (RF) signals intrinsically requires an unsymmetrical diode-like nonlinear response in tissue samples. This may be investigated by observing possible generation of the second harmonic in a cavity resonator designed to have fundamental and second harmonic resonant frequencies with collocated antinodes. Such a response would be of interest as being a mechanism that could enable demodulation of information-carrying waveforms having modulating frequencies in ranges that could interfere with cellular processes. Previous work has developed an experimental system to test for such responses: the present work reports an electric circuit model devised to facilitate calibration of any putative nonlinear RF energy conversion occurring within a nonlinear test-piece inside the cavity. The method is validated computationally and experimentally using a well-characterised nonlinear device. The variations of the reflection coefficients of the fundamental and second harmonic responses of the cavity due to adding nonlinear and lossy material are also discussed. The proposed model demonstrates that the sensitivity of the measurement equipment plays a vital role in deciding the required input power to detect any second harmonic signal, which is expected to be very weak. The model developed here enables the establishment of a lookup table giving the level of the second harmonic signal in the detector as a function of the specific input power applied in a measurement. Experimental results are in good agreement with the simulated results.

**Keywords:** Radio Frequency, cavity resonator, Computational Electromagnetics, nonlinear material.

### **1. Introduction**

With the rapid growth of mobile communication usage over recent decades, public concerns have been raised about the possible biological effects of nonionising radiation with specific regard to radio-frequency (RF) radiation from mobile phones [1,2]. The possible effects of this radiation can be categorised into two groups: thermal effects resulting from

high-level RF power and putative non-thermal effects due to low power radiation. Thermal effects of RF radiation have been extensively studied by many researchers and are well understood and uncontroversial [1,2]; in contrast, non-thermal effects of such radiation are still debated by many scientists, with conflicting arguments still being presented. As a result, intensive effort worldwide continues to develop research in aspects of bioelectromagnetics at macroscopic and microscopic levels. This has led to different defined levels of analysis, i.e. human level, tissue level, cell level and ionic level [3-22].

From the published literature [1-7], it may be observed that many of the works have treated RF and tissue interaction mechanism effects as a linear problem. Relatively few papers [8-13] have moved towards searching for proof of the existence of nonlinear biological tissue responses, including molecular processes and microscopic studies at cellular level. These studies are typically either theoretical or experimental, the latter covering molecular, cellular, or tissue-level experiments, or else statistical studies of whole-organism effects in human or animal cohorts. Recently, Balzano, with co-workers, [8-11] has proposed novel experiments to detect the presence of asymmetrical (rectifying) nonlinear interactions at cellular or tissue-sample level, under exposure by low-amplitude RF carrier signals. These build on the observation that demodulation of a modulated carrier inherently requires such asymmetrical behaviour and this would necessarily cause the production of second harmonics. Such demodulation has been postulated as a plausible mode for putative non-thermal effects of RF radiation on any contiguous living system.

Balzano's proposals adopted the concept of an ingenious doubly-harmonic resonant cylindrical cavity model having co-located antinodes at fundamental and second harmonic frequencies [8-11]: the work presented here develops an electric circuit mathematical model to link the cavity model with second harmonic generation from a given nonlinear device. The results can be used to indicate the amount of input power needed to stimulate the biological sample in order to maximize the likelihood of detecting any second harmonic reradiation.

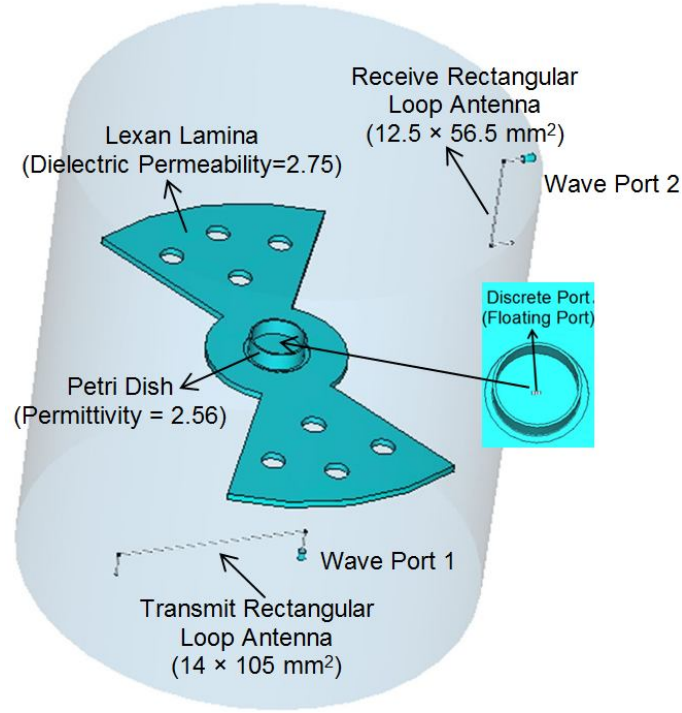
## **2. Methodology**

The proposed mathematical model is an extension of some of the authors' earlier work [23,24]. It consists of two parts: cavity model and electric circuit model: in addition, experimental verification was undertaken. In the cavity model, the electric field distributions were studied at  $TE_{111}$  and  $TE_{113}$  modes. Following this, the cavity model was used to extract

its S-parameters by using CST Microwave Studio [25] and ANSYS HFSS [26] software. Once these data were obtained, they could be adopted into the derived equations from the proposed circuit model to compute the second harmonic power level with a given input power.

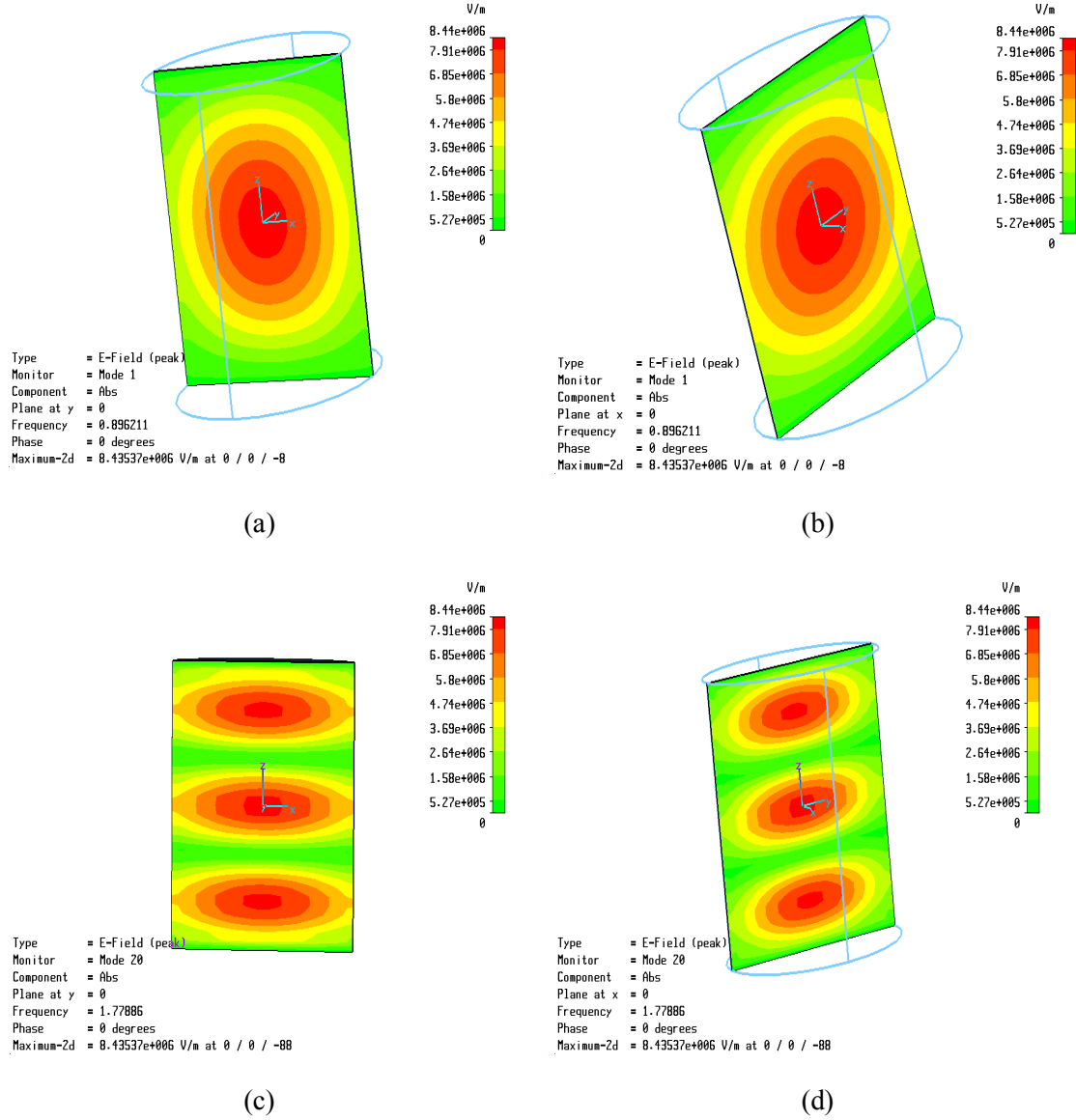
### *2.1 Cavity Model and Electric Fields analysis*

The previously-reported practical work [13] was undertaken with an RF carrier frequency in the 880-890 MHz band. To examine whether biological tissues exhibit unsymmetrical nonlinearity when exposed to RF signals in this band, an efficient and high quality-factor dual-resonant cylindrical cavity with height 272 mm and diameter 248 mm was used, based on Balzano's proposals [8,10,11]. Fig. 1 shows the cavity structure, including two loop antennas (for fundamental input and second-harmonic output) and a biosample support structure consisting of a butterfly-shaped Lexan lamina (polycarbonate) [11] and a Petri dish [27]. This supporting structure is designed to minimise dielectric loss in the cavity, other than the energy dissipation in the biosample. Lexan is practically lossless at the frequencies of operation of the cavity and has a relative dielectric permeability of between 2.5 and 3.0. The holes in the lamina were added to decrease the overall dielectric loading of the cavity. The central circle in the lamina has a 1mm depression to hold a 3.5 cm diameter Petri dish centrally.



**Fig. 1.** The dimensions of the cavity model, with two rectangular loop antennas and Lexan sample support structure.

Loop antennas were selected for coupling because they couple with both  $H_\phi$  (the azimuthal magnetic field) and  $E_r$  (the radial electric field) and thus have a much wider reactive matching range than a monopole [8]. The cavity is excited by a loop antenna with dimensions of  $14 \times 105$  mm located in the middle of the bottom plate, the dimensions corresponding to a total length of  $0.4 \lambda$  at 882 MHz. This acts as a transmitter to excite the  $TE_{111}$  cavity mode in the frequency range of 880-890 MHz. The other antenna on the side wall of the cavity has dimensions of  $12.5 \times 56.5$  mm, which is equivalent to length of  $0.48\lambda$  at 1764 MHz (the second harmonic). This acts as a receiver to detect the energy of the  $TE_{113}$  cavity mode in the 1760-1790 MHz band, i.e. exactly double the input frequency. To maintain the highest sensitivity for detection of second harmonic responses, it is important to place both antennas at maxima of their corresponding operating modes, i.e.  $TE_{111}$  or  $TE_{113}$ . It is also essential to fine-tune the lengths of both antennas to achieve the resonance of the  $TE_{113}$  mode at exactly double the resonance frequency of the  $TE_{111}$  mode. To better understand these modes, Fig. 2 depicts the total electric field distributions for both modes. As can be seen, the  $TE_{111}$  mode has a maximum E-field in the centre of the cavity while the  $TE_{113}$  also has a field maximum at this point, plus others at  $d/6$  and  $5d/6$ , where  $d$  is the height of the cavity.



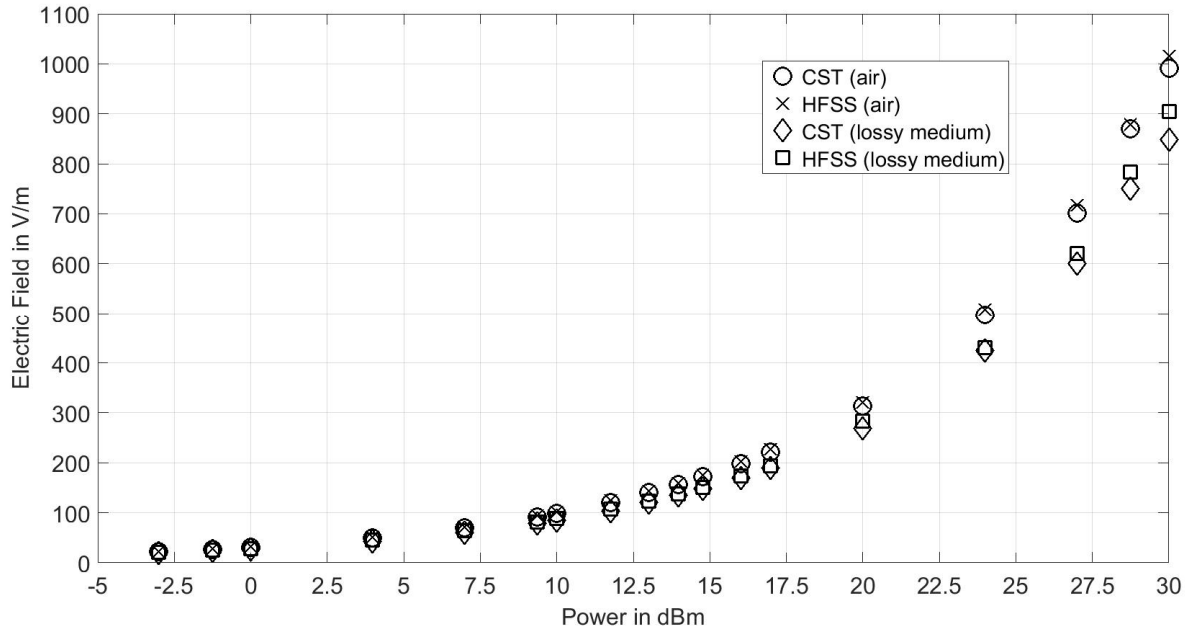
**Fig. 2.** Electric fields distributions through the centre of the cavity:

- Total E-field of  $TE_{111}$  mode on  $xz$ -plane,
- Total E-field of  $TE_{111}$  mode on  $yz$ -plane
- Total E-field of  $TE_{113}$  mode on  $xz$ -plane,
- Total E-field of  $TE_{113}$  mode on  $yz$ -plane

To verify the accuracy of the predicted electric field intensity in the cavity model, computer simulation studies were undertaken to establish the maximum permissible input signal which will prevent to sample from reaching damaging levels of power dissipation. By using two different EM software packages (CST Microwave Studio and ANSYS HFSS), the field strength in the sample region as a function of input power was computed (Fig. 3). Two media samples were considered: air ( $\epsilon_r = 1$ ,  $\sigma = 0$ ) and generic biological medium ( $\epsilon_r = 50$ ,  $\sigma = 1$  S/m), with a volume of 60 $\mu$ L. This 60 $\mu$ L lossy medium was modelled as a cylindrical

structure with diameter of 35 mm and height of 62.36  $\mu\text{m}$ . The results, presented in Fig. 3, show that the biosample does not substantially alter the fields in the cavity, thus not degrading substantially its high Q that is necessary to detect weak second harmonic fields.

The International Commission on Non-Ionising Radiation Protection (ICNIRP) limit for SAR in functioning human tissue is 2 W/kg [28], which has been argued to include a large safety factor. The UK National Radiological Protection Board (NRPB) [29] formerly argued that its preferred limit of 10W/kg was more realistic, although that would also include some safety factor: the NRPB has now become the Health Protection Agency (HPA) and has adopted the internationally-agreed 2 W/kg limit. Because of this safety factor, plus the convection cooling that would occur in the cavity and the fact that a contiguous living organism is not involved in the tests, it was concluded that the option of going up to 100 W/kg should be available to the experiment. From the SAR equation, where  $\text{SAR} = \sigma E_{\text{peak}}^2 / 2\rho$ ,  $E_{\text{peak}}$  can be found for a specified value of SAR.  $\sqrt{\frac{2\rho \times \text{SAR}}{\sigma}}$  Taking SAR = 100 W/kg as the upper limit and using the properties of pure water at this frequency,  $\rho = 1000 \text{ kg/m}^3$  and  $\sigma = 1 \text{ S/m}$ , as reasonable approximations for biological tissue, it is found that  $E_{\text{peak}} = 447 \text{ V/m}$ . This field strength applies within the sample, and the value outside could be higher, depending on its orientation. This indicates that a maximum power of the order of 250mW (from Fig. 3) must be the limit for the experiment.



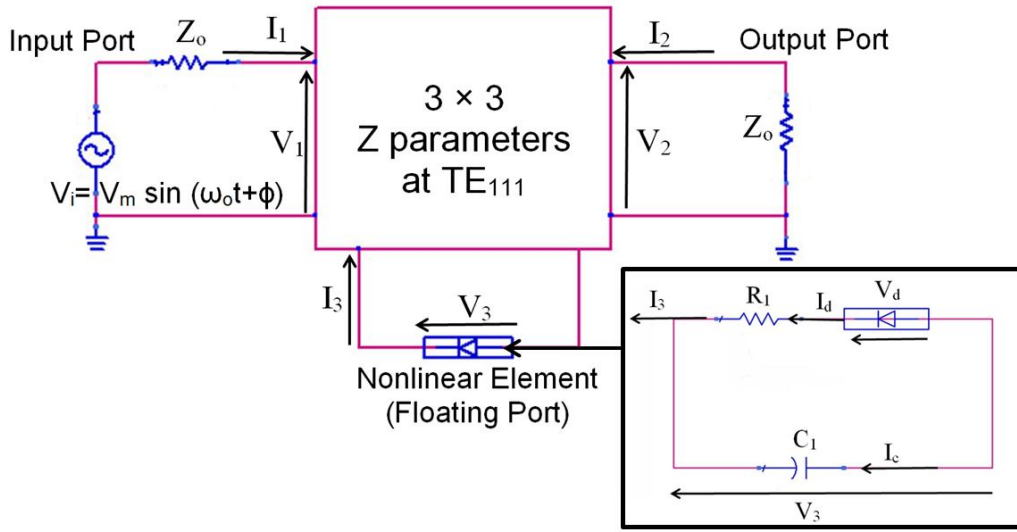
**Fig.3** Electric field intensity in the cavity with and without presence of biological tissue, as computed by two different simulation packages

## 2.2 Electric Circuit Model for Calibrations

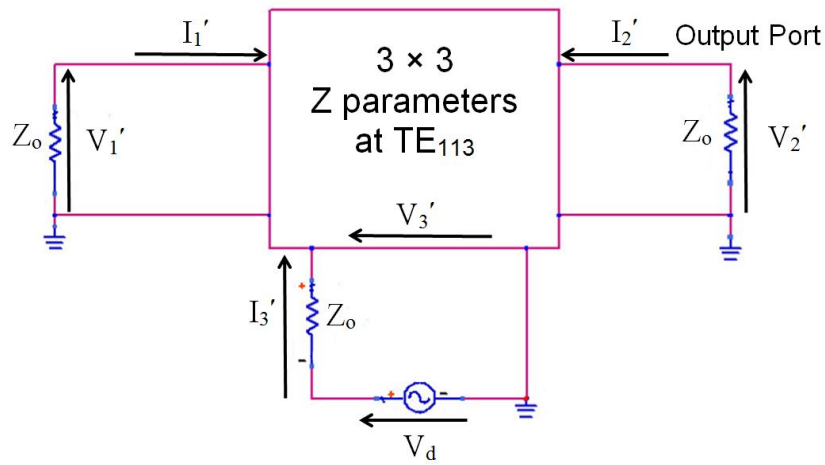
A mathematical technique was developed to compute the second harmonic power with a known input power in the presence of a known unsymmetrical non-linear device in the Petri dish. This method enables more precise quantification of the amount of input power required in the excitation port in order to generate a detectable second harmonic signal. An outline of the method has been published elsewhere [24], although without verification test results, and hence it is given in summary form here.

For derivation of the required formulas, the cavity model used in the previous study [11-13] was adopted. Then, a discrete floating port with dipole structure, having metal leads 1mm long, is considered to be placed in the centre of the Petri dish in the cavity and oriented parallel to the transmit antenna, as illustrated in Fig. 1. This port receives the maximum RF signal from the transmit antenna. In order to extract the  $3 \times 3$  Z-parameters at the two resonant frequencies of the  $TE_{111}$  and  $TE_{113}$  modes, two simulations were carried out, one for each mode and frequency. Based on this, an equivalent 3-port network can be established, as shown in Fig. 4. From this network, two separate sets of  $3 \times 3$  Z-parameters were found, one for each frequency: these were then applied in the 3-port models shown in Figs 4(a) and 4(b). As can be seen in Fig. 4(a), a diode is used as a well-characterised unsymmetrical nonlinear

element in the Petri dish in the cavity, its leads constituting the dipole arms, while the input and output ports can be represented as transmit and receive antennas respectively. Fig. 4(a) depicts the equivalent electric circuit of the diode model. It should be noted that Fig 4 was drawn by the electrical circuit symbols from Keysight ADS [30].



(a)



(b)

**Fig. 4.** 3-port models for  $TE_{111}$  and  $TE_{113}$  modes of the cavity, including equivalent circuit of the nonlinear element (diode).

By applying Ohm's law to the circuits in Fig 4(a), a matrix equation can be derived.

$$[V] = [Z][I] \quad (1)$$



Where  $[V] = [V_1 \ V_2 \ V_3]^T$  is a vector of port voltages,  $[Z]$  is a  $3 \times 3$  symmetrical matrix of impedances and  $[I] = [I_1 \ I_2 \ I_3]^T$  is a vector of port currents.

The currents for the  $TE_{111}$  mode can be easily derived from the applied input voltage and the load/source impedances (these are equal to the characteristic impedance  $Z_0 = 50 \ \Omega$  as shown in Figure 4a). The  $[Z]$  matrix in this case is evaluated for the  $TE_{111}$  mode. It should be noted that the voltage ( $V_d$ ) and the current ( $I_d$ ) across the diode can be simply expressed by  $I_3$  and  $V_3$ .

For the diode parasitic components, values of  $R_l = 106.5 \ \Omega$  and  $C_l = 1.5 \text{ fF}$  were adopted [31]; then Equation (1), subject to input voltage  $V_i$  at port 1 can be established to compute  $V_d$ . Once  $V_d$  is found, it can be applied as the excitation source to the nonlinear element. By substituting the Z-parameters of the  $TE_{111}$  mode into Equation (1) and choosing a value for the input voltage, the parameters  $V_1$ ,  $V_2$  and  $V_d$  can be calculated. Then, the input power of the model can be calculated by  $P_{in} = 0.5 \text{ Re}(V_1 \times I_1)$ .

The circuit in Fig. 4(a) was modified to apply to  $TE_{113}$  mode, as in Fig. 4(b). By simple manipulation of the new voltage matrix elements,  $[V'] = [V'_1 \ V'_2 \ V'_3]^T$  and applying the standard Shockley diode equation, the currents in the ports of the  $TE_{113}$  mode of Fig. 4b can be found, and hence the output power on port 2 can be calculated by  $P_{out} = 0.5 \text{ Re}(V'_2 \times I_2^*)$ .

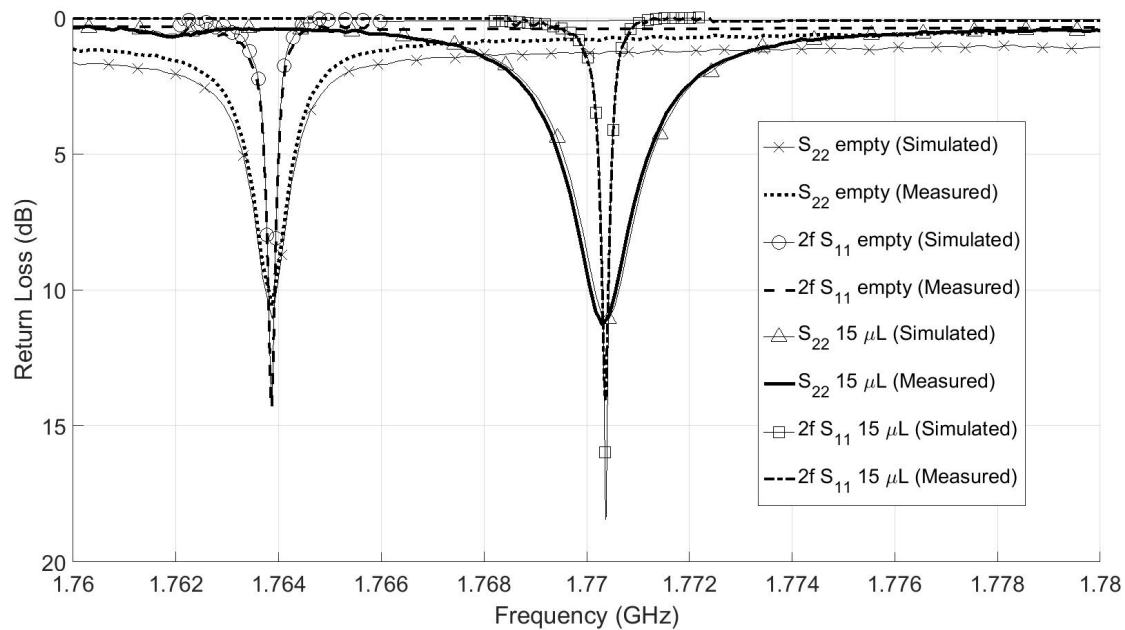
### 3. Simulation Results

Fig. 5 illustrates the reflection coefficients of the two antennas in the cavity found from simulations over the designed bands of operation: the dashed lines and solid lines represent the return losses of the antennas under unloaded and loaded tests. In the simulated unloaded test, an empty 3 cm Petri dish in the cavity was considered, while the loaded test added a 15 l volume of deionised water, having properties  $\epsilon_r = 78.24$ ,  $\sigma = 0.173 \text{ S/m}$  [4]. This formed a lamina of cylindrical shape in the bottom of the Petri dish inside the cavity. The purpose of the loaded test was to examine whether additional dielectric material introduced into the cavity, e.g. cells, tissue and/or medium, would result in any changes in resonant frequencies. In both test result graphs, the frequency fed to the transmitting antenna has been multiplied by a factor of two to enable direct comparison with second harmonic responses in the desired operating band. It is clear that both loaded and unloaded tests demonstrate that the antennas demonstrate reasonable reflection coefficients within spectrum bands covering both modes.

Since a good margin of operational frequency of around 150 kHz at -10 dB reflection exists for both modes (i.e. both ports maintain good matching to 50 ohm loads). It is observed that when the cavity is loaded, the resonant frequency is slightly decreased for both modes, which continue to track each other in a 2:1 ratio.

#### 4. Experimental Validation

An experimental corroboration of the simulated results was derived from the equipment assembled to undertake the earlier tests on biological samples [12]: this comprised the dual mode ( $TE_{111/113}$ ) cavity based on Balzano's proposals [8, 10-11], with a sensitive measurement system based on an HP8510C vector network analyser. It may be observed that the simulated and measured results for return loss (Fig. 5) are in very good agreement. Slight discrepancies between the four sets of simulated and measured results can be attributed to uncertainties in the electrical properties of the materials used in the simulation model, the simplifications in the simulated structure and fabrication variations.

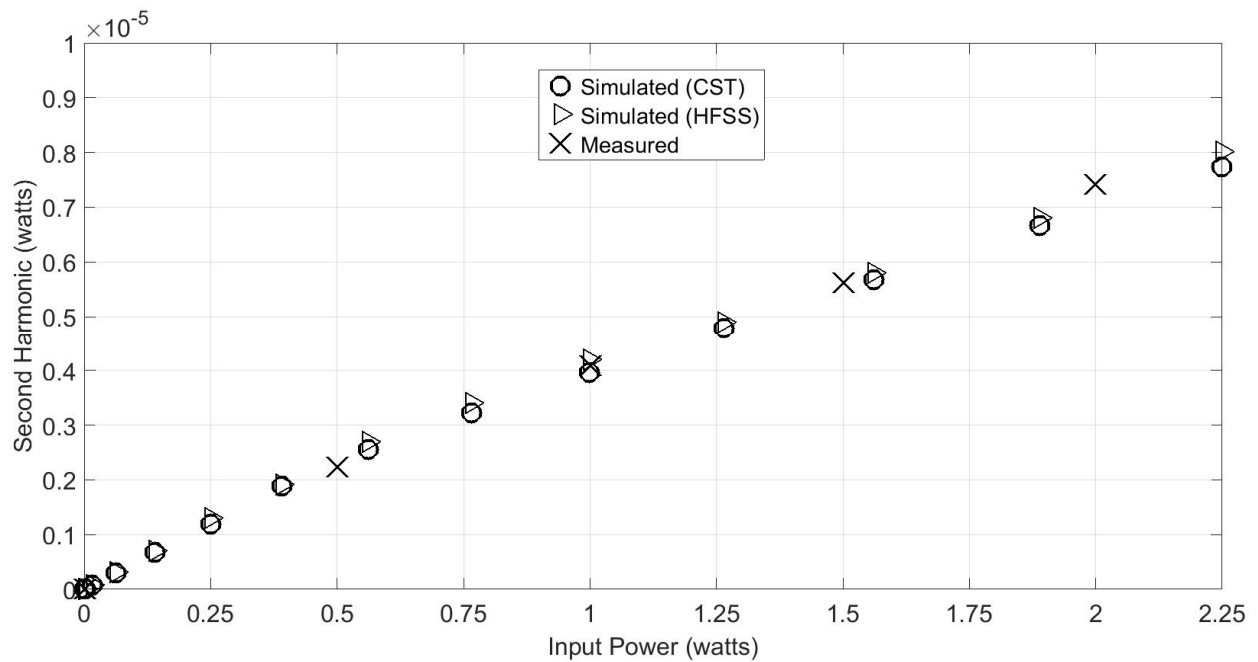


**Fig. 5.** The fundamental and second harmonic responses of the loaded and unloaded cavity, showing simulated and measured results (fundamental frequency doubled for convenience of display purposes).

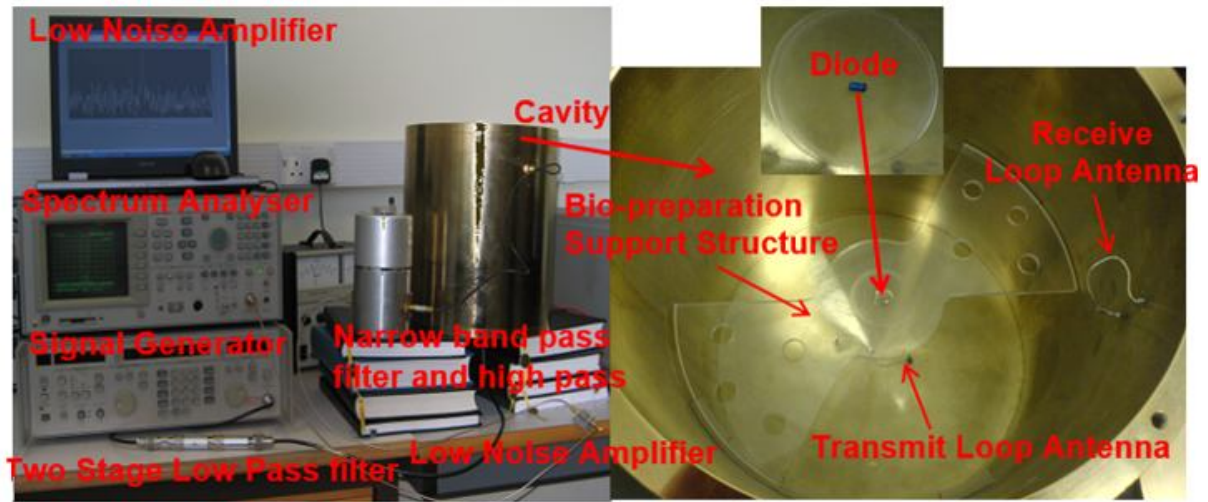
An important objective of the work was a calibration curve giving the second harmonic power as a function of the input power as the input voltage was increased. This was initially

computed using the model of the cavity based on CST software, but in order to cross-validate the result, ANSYS HFSS software was also adopted for comparison [26]. The resulting curves are shown in Fig. 6: as can be seen, both simulation results were in excellent agreement.

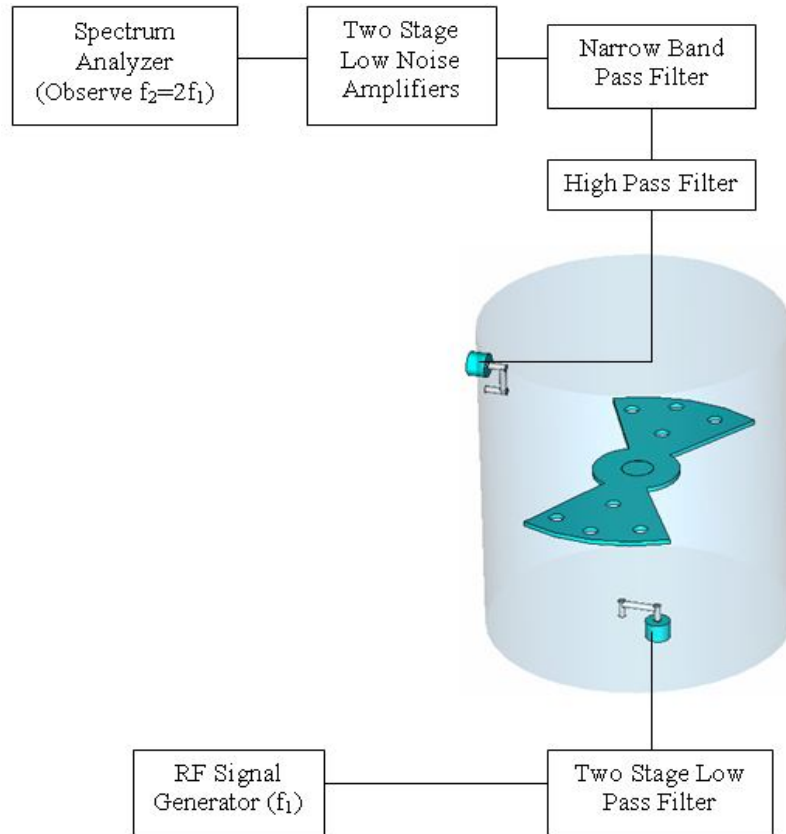
To further validate this result, an experiment with a Schottky diode placed in the centre of the Petri dish in the cavity was set up as shown in Figs. 7 and 8. An Anritsu Synthesized Signal Generator MG3632A was used to generate the input signal to the bottom excitation antenna at 0.882GHz. Two stages of low pass filters were used to suppress frequencies above 1 GHz, minimizing any second harmonic products created by the input generator. On the output port, an Anritsu Spectrum Analyser MS2802A was set to display the expected second harmonic frequency component, at a minimum bandwidth of 1.764GHz  $\pm$ 100kHz. High-pass and narrow band-pass filters were applied to the output to ensure at least -60 dB rejection of the fundamental frequency component. Comparing both predicted sets of results with the experimental ones, as shown in Fig. 6, it is observed that they are almost indistinguishable.



*Fig. 6. Input power at Port 1 versus second harmonic power at Port 2.*



**Fig. 7.** Experimental setup for validation test.



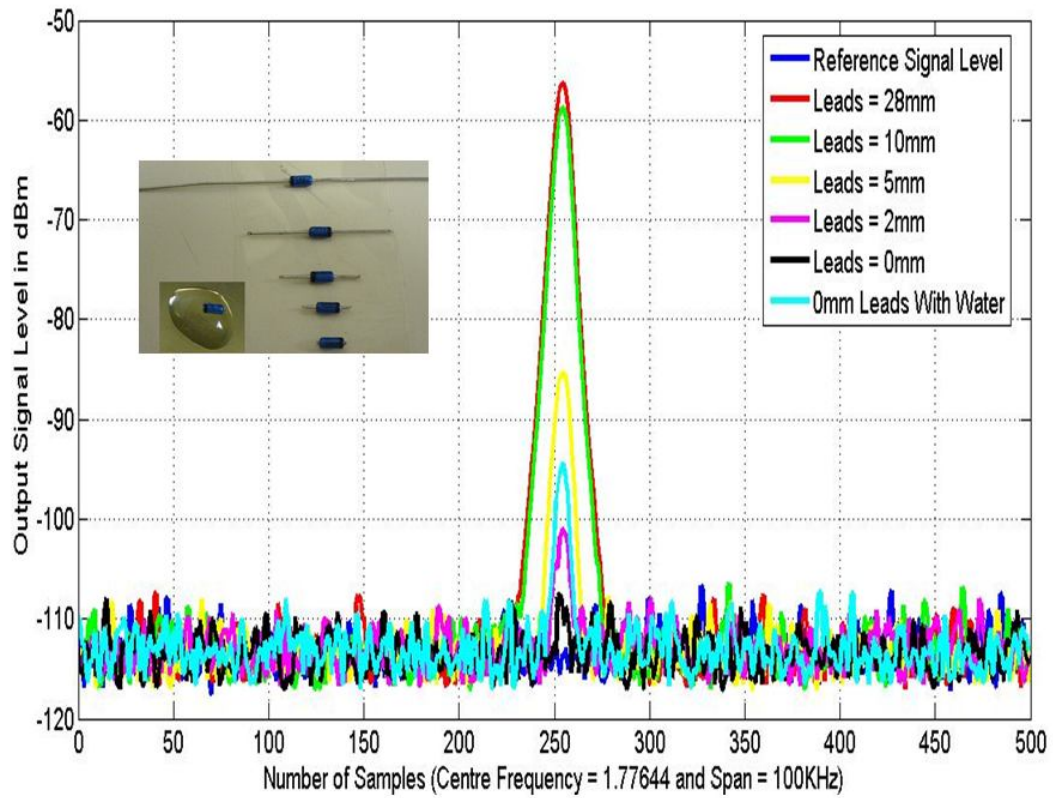
**Fig. 8.** Block diagram for the experimental setup.

In addition, the variation of the second harmonic signal intensity against different lengths of the diode leads was also investigated experimentally. It should be noted that two experimental setups were used, i.e. with and without the two stage low noise amplifiers

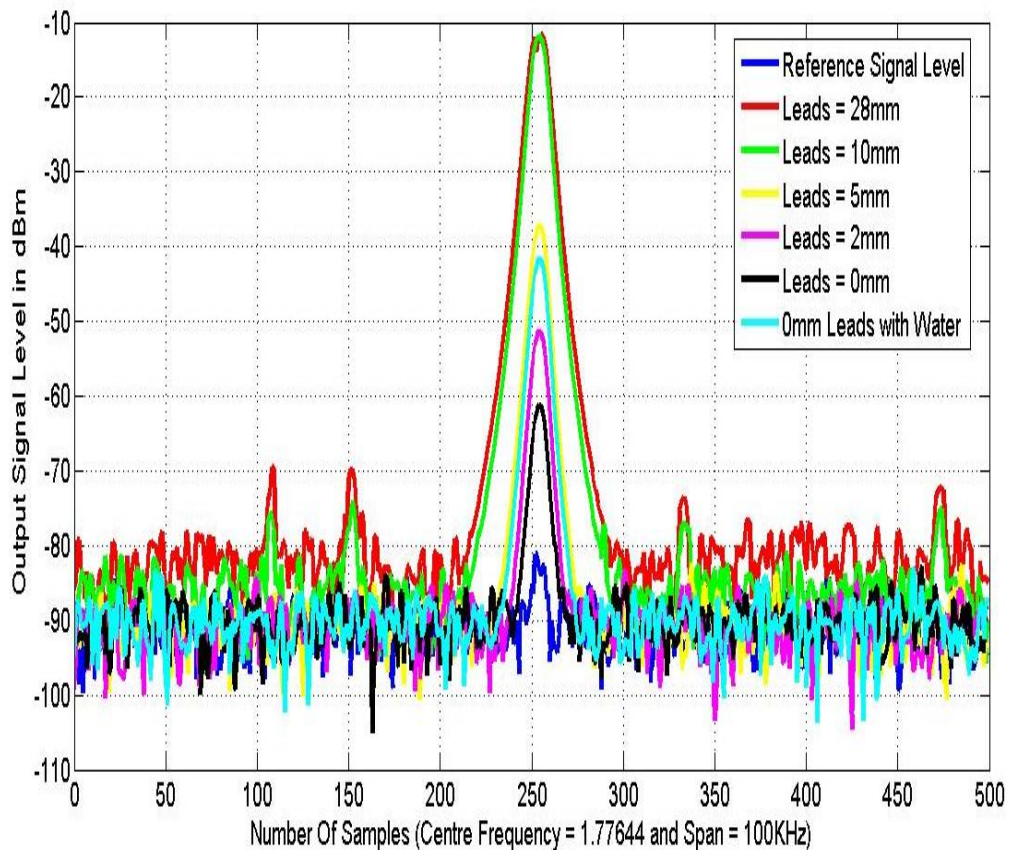
shown in Fig. 8 (ZRL-2400 LN and Zel01724LN, from Mini-Circuits Inc.). The diode lead lengths were varied between 0mm and 28mm and placed into the middle of the dish inside the cavity: the diode body was 4mm in length. The orientation direction was kept parallel to the transmit antenna at port 1. The results with and without amplifiers are shown in Figs.9 and 10. These illustrate that as the length of the diode leads is reduced, the second harmonic signal strength is decreased, as expected.

As can be seen in the case without amplification, a minimum noise floor of -115dBm was observed, and as the length of the diode leads gradually reduced from 28mm to 0mm, the second harmonic signal strength dropped down linearly from -58dBm to -108dBm, corresponding to a difference between the noise floor and the second harmonic signal varying from 57dBm to 7dBm. It is noticeable that the generation of the second harmonic by the diode without leads, is indistinguishable from the noise signal. However, when 60 $\mu$ l of deionised water was added to the diode without leads, the second harmonic signal was improved from -108dBm to -95dBm i.e., 13dBm enhancement in second harmonic power level.

When the amplifiers were used in the measurements, the noise floor of the spectrum analyser rose up to -100dBm, as seen in Fig.10. As can be seen, the second harmonic signal is raised to -62dBm, and when the water was added a further increase of 20dBm was observed (i.e. the second harmonic rose to -42dBm). This strongly suggests that the presence of water acts as a return path for current, creating a distributed complete circuit which will act as a form of loop antenna and hence be much more effective than the short dipole antenna constituted by the diode leads alone. Since biological tissue is generally more conductive than pure water, this effect might be expected to be manifested more strongly, although a discrete single rectifying junction is not to be expected in any speculative theory of bioelectromagnetic interactions and hence any 'loop antenna' effect may be expected to be distributed throughout any sample



**Fig. 9.** Output signal levels for detection system without amplification.



**Fig. 10.** Output signal levels for detection system with amplification.

## 5. Conclusion

A circuit-based model for calibration of unsymmetrical nonlinear (rectifying) responses of electrically-small samples in a doubly-resonant cylindrical cavity has been presented. The cavity was loaded with a support structure for testing of potentially nonlinear samples and the S-parameter analysis of the cavity model shows that the tuned  $TE_{113}$  mode has double the resonant frequency of the  $TE_{111}$  mode, with co-located central antinodes. Any unsymmetrical nonlinear behaviour in a centrally-located test sample will necessarily generate a second harmonic frequency and in order to calibrate the desired sensitivity of the detection of the produced harmonic signal, an electric circuit model was introduced and tested. By using a simulated diode connected to very short dipole arms, the nonlinear response of the proposed model was established. For this rectifying element model, a nonlinear relationship was demonstrated between fundamental input power and second harmonic output power. The mathematical model based on the cavity design enhances the reliability of the system as a measurement testbed that can be applied for investigation of the behaviour of biological cells or tissues (or other non-linear materials) for future applications. The diode is used as a well-characterised test-piece to prove the operational concept, although its behaviour is more extreme than might be expected in biological media, but this does not affect the validity of the calibrated electrical circuit. However, the cavity testbed can confirm the limits of any second harmonic radiation that might result from replacing the diode with biological media.

An experimental programme with a Schottky diode having variable lead lengths was also undertaken and this validated the cavity and circuital model methods, showing very good agreement with predictions. Further experimental tests underlined the effect of diode lead lengths, but, more significantly, showed the effect of immersing the diode in a small quantity of deionised water: this provided a return current path even when the diode lead lengths were minimal, thus constituting a form of distributed loop antenna. Such loop-type distributed circulating current behaviour will also be present in aqueous test samples, such as biological tissue, and can be expected to be the main coupling mechanism for such samples.

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